

From the kitchen of: [Tanya Avery, Avery Adventures](#)

Slow Cooker Antelope With Potatoes & Carrots

Tanya@AveryAdventures // www.AveryAdventures.com

- 2 lbs. Antelope Meat (cut into fist-sized pieces)
- 1-gallon size plastic zip bag
- 1/4 c. Olive Oil
- 1/2 c. fresh diced Garlic
- 4-5 big shakes of Mrs. Dash
- 5-6 grinds of the Pepper Mill
- 1/2 c. dried, diced Onion
- 2 c. of Baby Carrots
- 4 c. small Potatoes
- 1 package of brown gravy

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- 2 cups of beef broth (you can use beef bullion)
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